

# MANLY FRESHWATER CATHOLIC PARISH Mary Immaculate and St John the Baptist Churches

# First Sunday of Lent – 26th February 2023



## **Gospel Reflection**

The same Spirit that led Jesus into the desert leads us into this 40-day "wilderness experience" of Lent, to ask ourselves the same kind of questions, to begin to understand who we are and who we are becoming, to discern what God calls us to be as we journey to the dwelling place of God.

As Jesus was "tempted," so, too, are we confronted with the many different choices and goals life presents us. Life confronts us with choices: personal profit, comfort and glory or the life of God. The season of Lent calls us to embrace God's Spirit of truth that we may make the choices demanded by our complicated and complex world with courage, insight and faith.

This First Sunday of Lent calls us into the desert of our hearts, those unknown "wildernesses" and terrifying places we struggle through as a result of circumstances beyond our control or because of our own mistakes and sins – but it is in those deserts and wildernesses where we find the courage and vision to move on.

Lent is the season for meaningful fasting: fasting not just for the sake "of giving something up" but fasting from whatever derails or hampers our relationship with God and alienates us from others, fasting from everyday distractions in order to put our time and energy into the things of God.

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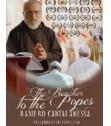


Pope Francis Prayer Intention for February -For parishes We pray that parishes, placing communion at the center, may increasingly become communities of faith, fraternity and welcome towards those most in need.

PARISH GIVING - thank you for your generous support. At Manly we encourage you to use the tap machines at the Church entrances. If you prefer to use cash there will be **ONE** collection during Mass at the offertory.







## **LENT 2023**

**Stations of the Cross** each Friday during Lent Freshwater: 9:45am Manly: 7:00pm

#### LENTEN GROUP commencing Thursday 23rd Feb to 30th March at 7.30pm in the Parish Centre

Cardinal Raniero Cantalamessa. "The Preacher to the Papal Household", has delivered a yearly homily in St Peter's Basilica during the Good Friday liturgy.

He has provided various meditations in the presence of the last three popes: Pope John Paul II, Pope Benedict XVI and Pope Francis.

This Lenten group will reflect on a series of Cardinal Cantalamessa's meditations to allow us to reflect upon the hour of the death of Christ, His exaltation and victory over sin and the Paschal Mystery. His sermons illuminate the mystery of the Lord's Passion and allow us to gaze upon the cross of Christ in the light of our modern world, and the modern world in the light of Christ's cross.

All are invited - and especially our youth and young adults.





The Diocesan Lenten Program Book is available in the Church for you to take and do the program at home.



#### PROJECT COMPASSION BOXES AND ENVELOPES AVAILABLE AT THE ENTRANCES TO THE CHURCH



Mary's Family St Mass this Sunday at 6pm followed by a **BBQ. All welcome!!!** 



## The Sacrament of Confirmation

will be celebrated in the Parish on Saturday 20<sup>th</sup> May for children who are in year 3 and above. Our Parent Information and Registration Evenings will be held on

## Manly - Tuesday 14th March @ 7pm

Freshwater – Tuesday 21<sup>st</sup> March 7pm Information and Registration packs can be collected for the back of the Churches or from the Parish Office.

## LET US PRAY FOR

26th February 2023

Recently Deceased: Kenneth White Anniversary:

Prayers for the sick in our parish: "Lord, grant them and their carers strength and courage" Wayne Smedley; Margaret Burridge; Stephen Robertson; Maureen Williams; Gerry Wybrandt; Amy Farrow; Patricia Duffy; Florencia Lira; Ken Waller; Mary Helen Fogarty; Belinda Nicholls; Jacqui Dawson; Gerry Ring; Zacchaeus Ratnam; Pat Smith; John Connors; Don Hews; Joan Jacobs; Sheila Lee; Donnacha Donnelly; Paul Donnelly; Julie & Rodney Wallis; Lyn Hillard

## Dates to remember...

- Sacramental Program continues this weekend
- SJB Class Mass Yr 3,4 & 5 Tues 28th Feb 9:15am
- SMM Class Mass Kindy, Yr 5 /6 Thurs 2nd Mar 9:15am
- Stations of the Cross Friday SJB 9:45am & SMM 7pm
- Cenacle of Our Lady Manly Tues 9:45am
- Lectio Divina Tues 7:30pm and Wed 10am
- Eucharistic Adoration in Manly Wed 6pm - 7:30pm



## **PIETY STORE**

GOD'S WORD 2023 Daily Reflectionslimited copies in the Piety Store \$15 ea.

Orders for 2024 need to be placed with the parish office by end of June 2023.

Movie of the month - Pius XII - Under the roman sky (starring James Cromwell) A powerful movie on the great and hidden struggle of the incorrectly labelled "Nazi Pope". The State of Israel testify papal relief programs saved up to 860 000 jews during World War 2. Only \$10 @ the Piety store.

CD of the month – Cabeza De Vaca – epic journey of Catholic explorer

An astonishing true story of shipwrecks, slavery, deprivation, battles, hardship, apparitions, miracles and resurrections. When faced with annihilation, it was only the "faithful" that survived. Only \$5 @ the piety store.

Many of you have not been able to come back to Mass on Sunday for different reasons. If you CARE would like one of the Priest to visit you at

home, please ring the parish office on 9977 5822.



If you are a new parishioner to Manly Freshwater Parish, we invite you to complete a Parish census form. This will assist us in updating our records to include you and your family in our

parish community activities. The census form can be found on the back wall of the Church or at the side door entrance and may be left in the collection plate.



WHAT ARE THOSE ROMANS TALKING **ABOUT?** Robert Marshall will be conducting a series of LATIN classes for BEGINNERS on Wednesdays at 10am in the Parish Centre. The classes will begin Wed. 1st February

2023 - each class will be an hour long. Naturally, spaces are limited - so please contact Robert on 0413 002 756 or robert3485@hotmail.com if you are interested.



## **SUPPORT OUR PARISH &** PRIESTS FINANCIALLY by using one of the following...

## PARISH

- 1. Planned Giving: many parishioners support the parish through a monthly direct debit or credit card. Please contact the parish office for more information 9977 5822.
- 2. Collection plates during Mass
- 3. Tap and Go machines using your credit/debit card or. EFTPOS Terminals.
- 4. Scan to Donate using the QR code to access our BPoint Donation page. This secure system provided by the Commonwealth Bank will give you the option of having your receipt emailed to you.



- Church Account Funds Parish running costs Account Name: Manly Freshwater Parish Bank Name: Commonwealth Bank Account # 100002025 BSB: 062 784
- Pastoral Account Supports our Priests Account Name: Manly Freshwater Parish Pastoral Bank Name: Commonwealth Bank Account# 13958002 BSB: 062 784

## PARISH WEEKLY EVENTS

- Bible Study via Zoom: 2nd & 4th Tuesday at 7pm
- Cenacle of Our Lady: Tues 9:45am Manly Church
- Christian Meditation Group: Tues 12:30pm Parish Centre
- Craft Group: Tues 10:00am Parish Centre
- Eucharistic Adoration: Weds 6:00pm 7:30pm Manly
- Lectio Divina: Tues 7.30pm & Weds 10am Parish Centre
- Piety Store: open on weekends or call the Parish Office
- Reconciliation: Manly: Sat 10am 11am
- RCIA: Contact the Parish Office 9977 5822
- Rosary via Zoom: 1st Thurs 6pm, every other Thurs 7pm
- Rosary: Freshwater Tues Fri 8.45am in Church.

#### PARISH MONTHLY EVENTS

- Anointing Mass: Manly & Freshwater 1st Friday 9:15am
- Parish Pastoral Council: contact Parish Office
- St Joseph Men's Group: 1st Thurs of the month 7pm
- St Vincent de Paul: Manly & Freshwater Conferences
  - 2nd Mon each month 5:30pm

Livestreaming on Facebook Sunday 8:30am Mass manlyfreshwaterparishfacebook/videos

**FACE MASKS** – please bring a face mask with you if you wish to wear it in the Church





A very big thank you to everyone who helped make the Christmas Appeal and the

Parish Giving Tree gifts which were very much appreciated by both the people whom we assist and by the members of both conferences. Special thanks to the children in both Parish Schools and St Paul's, Stella Maris and Saint Augustine's College for the tremendous on-going generosity and support.

Freshwater Conference distributed twenty eight hampers and Manly gave out sixty hampers. A message from a Freshwater family stated:

"We wanted to thank you for the grateful gift that you shared with us at Christmas. We have been blessed and thank you for the gifts for the children. Thank you for being the bridge and guidance."

The Christmas Appeal raised a total of \$7,506 combined from both Manly and Freshwater. Your generosity and ongoing support to help people less fortunate than ourselves is once again valued and appreciated.

Mick O'Farrell(Freshwater) Bruce Whittet (Manly)



Peter Marshall, long time parishioner at Freshwater will be celebrating his97th Birthday on Monday.

We wish Peter all our blessings and please keep him in your prayers.

## **BELONGING...**



**Peter Nacard** has just turned 80 and is still feeling fine and loves serving our Parish Community.

"I became a member of the Parish Council last year and was reappointed for 2023.

Being a bit of a handyman, after owning many old houses, I am happily painting our old church doors and replanting our planter boxes around St Mary's.

*In my working life of over 40 years, I was Sales Mgr for five different European cars.* 

*I still play weekly golf (not very well) after a life of weekend sailing on Sydney Harbor.* 

*I'm currently attending our Church fitness classes which keeps me fit.* 

*I have three wonderful children who I call my best friends and I have five grandchildren which keep me busy".* 

If you see me pottering around the church yard, come and say hello 3



Laxmi, 16, lives in in Jajarkot, a remote district in Nepal where almost half of the population live below the poverty line. Tragedy struck when Laxmi was 10 years old and her father passed away. Her father worked



hard to pay for his children's education and after losing him Laxmi was at risk of falling further into extreme poverty.

With the support of our partner Caritas Nepal, Laxmi joined a child's club at her school where she was encouraged to resume her education. Through the child's club, Laxmi developed the skills and confidence to become a leader, advocating for clean water taps at her school.

Laxmi is now excelling in her studies and working towards her dream of becoming a civil engineer. She continues to be involved in the child's club, serving as an advisor and mentoring the next generation of young leaders at her old school.

#### Please donate to Project Compassion 2023.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow *For All Future Generations*.

You can donate through Project Compassion donation boxes or envelopes available in the church,

by visiting <u>caritas.org.au/project-</u> <u>compassion</u>, scan the QR Code or by calling 1800 024 413.



#### World Day of Prayer 2023 Taiwan



When:Friday 3 March 2023 10.00am, followed<br/>by Morning Tea in the Parish CentreWhere:St Kieran's Church 2 King Street Manly ValeContact:02 9949 4455

## St Mary's School News...

Last week we welcomed our wonderful new Kindergarten children, their parents/carers and the other new families to our school at our 2023 Opening School Mass. At the Mass, the Year 6 students were presented with their leadership badges and took a pledge in front of the school committing to a year of leadership and service.



The students have been busy preparing for the season of Lent and First Communion. On Shrove Tuesday, the children enjoyed pancakes to signify the beginning of the Lenten period, which began on Ash Wednesday. The children learnt about why we use up rich foods before the start of Lent and donated to Caritas as a sign we think about others. On Wednesday, the children received an ash cross on their forehead during their K-2 liturgy and 3-6 whole school Mass.

The children preparing for Reconciliation and First Communion have begun their sacramental program. Please pray for these children as they continue on their spiritual journey and draw closer to Jesus.

Kind regards Josephine Gradwell (REC)



## St John's School News...

Last week Years 2 to 6 participated in the school's Swimming Carnival. It was great to see the students' 'have-a-go' attitude and the support and encouragement shown for peers.



As a school we acknowledged the Anniversary of the National Apology and were reminded that sorry needs to be more than a word. The students took time to reflect in our Indigenous Garden.

Our School Opening Mass followed by the Year 6 Leaders' Badge Presentation was a special event to start our school year. Our First Saturday Family Mass was hosted by Years 1, 2 and 3 with many families enjoying the BBQ that followed.

We were excited to start The Resilience Project across the school. The Project supports young people to increase their capacity to deal with challenges, changes, and stressors in the future. This program focuses on three key pillars proven to cultivate positive emotion; Gratitude, Empathy and Mindfulness.

In preparation for Lent, our Mission Team will be delivering pancakes to classes for Shrove Tuesday. Ash Wednesday will launch the 2023 Caritas Australia PROJECT COMPASSION Lenten appeal which reminds us that we are being called to step up for those who do not have the essential resources needed for survival in daily life, and those whose needs are far beyond our own.

Kind regards Kelli Johnson (Acting REC)





St Paul's College Opening Mass was held last Wednesday. Please keep the students in your prayers.







## COLLEGE OPEN DAYS

ST PAUL'S COLLEGE Thurs 2 March 4pm - 7pm College website: http//stpaulsmanly.nsw.edu.au

MERCY COLLEGE Sun 5 March 10am – 1pm College website: http://www.mercychatswood.nsw.edu.au/

STELLA MARIS COLLEGE Wed 15 Mar 4pm - 7pm College website: https://stellamaris.nsw.edu.au/

# **POPE FRANCIS'** Advice for Lent

Fast from hurting words and say kind words.

Fast from sadness and be filled with gratitude.

Fast from **anger** and be filled with **patience**.

Fast from **pessimism** and be filled with **hope**.

Fast from worries and trust in God.

Fast from complaints and contemplate simplicity.

Fast from pressures and be prayerful.

Fast from **bitterness** and fill your heart with joy.

Fast from selfishness and be **compassionate** to others.

Fast from grudges and be reconciled.

Fast from words and be silent so you can listen.



**St Paul's Catholic College Manly** 

COME AND VISIT OUR COLLEGE A safe and supportive community, focused on the learning needs of every student.

Discover how St Paul's will meet your

**PRIMA PRIMUM: First things First** 



Thursday <u>2 March 2023</u> 4pm - 7pm

Co-educational opportunities coming 2025



Scan Now To Register

Michael Reid, College Principal St Paul's Catholic College Mai 124 Darley Road, Manly NSW 2095 9977 5111 stpaulsmanly.nsw.edu.au



Inspiring hearts and minds to know Christ, to love learning, to use their talents to be the very best they can be.

		Week 1	Week 2	Week 3	Week 4
	Ministry	4 – 5 March	11 – 12 March	18 – 19 March	25 – 26 March
		Second Sunday of Lent	Third Sunday of Lent	Fourth Sunday of Lent	Fifth Sunday of Lent
n Vigil Mass	Server	Louise Wareham	Louise Wareham	Louise Wareham	Louise Wareham
	Readers	Freya Zemek	Bill Tango	Rita Bruzzese	Bill Tango
	Music	CD'S	CD'S	CD'S	CD's
	Welcomers	John & Merle Zemek Mary Prager	John & Merle Zemek	John & Merle Zemek Mary Prager	John & Merle Zemek
6pm	Piety Store	Merle Zemek	Merle Zemek	Merle Zemek	Merle Zemek
	Flowers		NO FLOWERS	DURING LENT	
	Server	Ken Thompson	Ivica Covic	Ken Thompson	Ivica Covic
Mass	Readers	Jan Van Den Broek	Patty Thomas	Patty Thomas	Jan Van Den Broek
۲ M	Music	Parish Choir	Parish Choir	Parish Choir	Parish Choir
8:30am	AV Screens	Robert Marshall	Robert Marshall	Robert Marshall	Robert Marshall
ö	Piety Store	Jan Dorsen	Jan Dorsen	Jan Dorsen	Jan Dorsen
	Server	TBC	Louise Wareham Teresa Hearn	TBC Bernie Lawler	Louise Wareham
s	Readers	Katalina Taefotu Ron Gravolin	Rita Bruzzese Janie Fonua	Carmel Lawler Katalina Taefotu	Rita Bruzzese Janie Fonua
Mass	Music	Tongan Choir	Gina Marshall Bianca Zatz	Tongan Choir	Gina Marshall Bianca Zatz
10:30am	AV Screens	Tongan Choir	Robert Marshall	Tongan Choir	Robert Marshall
10:3	Welcomers	Paul & Nicola Pervan Anne Gaughan	Paul & Nicola Pervan Anne Gaughan	Paul Pervan Anne Gaughan	Paul & Nicola Pervan Anne Gaughan
	Morning Tea			Tongan Community	
	Piety Store	Kim McGrath	Jenny Tucker	Kim McGrath	Jenny Tucker
S	Server	Silvio Porcelli Richard Heasman	Kieran & Gabriele Wan	Ivica Covic Silvio Porcelli	Kieran & Michael Wan
n Mass	Readers	Dean Gale	Sandie Cornish	Richard Heasman Youth	Family Mass
6pm	Music	Simon Hyland	Josh Willard	Simon Hyland	TBC
	Piety Store	Assistance Required	Assistance Required	Assistance Required	Assistance Required

## **MINISTRY ROSTER – MARCH 2023 – MANLY**

# MINISTRY ROSTER – MARCH 2023 – FRESHWATER

Vigil	Ministry	Week 1 4 – 5 March	Week 2 11 – 12 March	Week 3 18 – 19 March	Week 4 25 – 26 March	
		Second Sunday of Lent	Third Sunday of Lent	Fourth Sunday of Lent	Fifth Sunday of Lent	
א ר	Server	Mick O'Farrell	lan Press	Joanne Druery	Lou Maruca	
5pm	Readers	Amanda Whitfield	Family Mass	Amanda Whitfield	Jessica & Joseph Press	
	Music	CD's	Family Mass	CD's	CD's	
	Welcomers	Shirley Abbott	Shirley Abbott	Shirley Abbott	Shirley Abbott	
n Mass	Server	Joanne Druery	Lou Maruca	Francis Raymond	Amorina Wright	
	Readers	Patricia Brown Luke Campbell	Vincent Bokanovic Luka Bokanovic	Toni Walsh Pam Brown	Josh Wright Jasmine Wright	
	Music	Pat Brown	Pat Brown	Pat Brown	Pat Brown	
	Welcomers	Sally Moffatt	Sally Moffatt	Sally Moffatt	Sally Moffatt	
9am	Altar Society	NO FLOWERS DURING LENT				
	Morning Teas	Andy & Beck Thiss	Tim Markwart	Angelica & Michael Rosatto	Wright family	

If you would like to take part in one of these ministries, please contact the parish office 9977 5822

#### First Reading

Genesis 2:7-9, 3:1-7 (JB)

A reading from the book of Genesis

The Lord God fashioned man of dust from the soil. Then he breathed into his nostrils a breath of life, and thus man became a living being. The Lord God planted a garden in Eden which is in the east, and there he put the man he had fashioned. The Lord God caused to spring up from the soil every kind of tree, enticing to look at and good to eat, with the tree of life and the tree of the knowledge of good and evil in the middle of the garden. The serpent was the most subtle of all the wild beasts that the Lord God had made. It asked the woman, 'Did God really say you were not to eat from any of the trees in the garden?' The woman answered the serpent, 'We may eat the fruit of the trees in the garden. But of the fruit of the tree in the middle of the garden God said, "You must not eat it, nor touch it, under pain of death".' Then the serpent said to the woman, 'No! You will not die! God knows in fact that on the day you eat it your eyes will be opened and you will be like gods, knowing good and evil.' The woman saw that the tree was good to eat and pleasing to the eye, and that it was desirable for the knowledge that it could give. So she took some of its fruit and ate it. She gave some also to her husband who was with her, and he ate it. Then the eyes of both of them were opened and they realised that they were naked. So they sewed fig-leaves together to make themselves loin-cloths.

The word of the Lord.

All: Thanks be to God.

#### **Responsorial Psalm** *Ps 50:3-6, 12-14, 17 (JB)* R. Be merciful, O Lord, for we have sinned.

Have mercy on me, God, in your kindness. In your compassion blot out my offence. O wash me more and more from my guilt and cleanse me from my sin. R.

My offences truly I know them; my sin is always before me. Against you, you alone, have I sinned; what is evil in your sight I have done. R.

A pure heart create for me, O God, put a steadfast spirit within me. Do not cast me away from your presence, nor deprive me of your holy spirit. R.

Give me again the joy of your help; with a spirit of fervour sustain me. O Lord, open my lips and my mouth shall declare your praise. R.

#### Second Reading

#### *Romans* 5:12-19 (JB)

A reading from the letter of St Paul to the Romans

Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. Sin existed in the world long before the Law was given. There was no law and so no one could be accused of the sin of 'law-breaking', yet death reigned over all from Adam to Moses, even though their sin, unlike that of Adam, was not a matter of breaking a law.

Adam prefigured the One to come, but the gift itself considerably outweighed the fall. If it is certain that through one man's fall so many died, it is even more certain that divine grace, coming through the one man, Jesus Christ, came to so many as an abundant free gift. The results of the gift also outweigh the results of one man's sin: for after one single fall came judgement with a verdict of condemnation, now after many falls comes grace with its verdict of acquittal. If it is certain that death reigned over everyone as the consequence of one man's fall, it is even more certain that one man, Jesus Christ, will cause everyone to reign in life who receives the free gift that he does not deserve, of being made righteous. Again, as one man's fall brought condemnation on everyone, so the good act of one man brings everyone life and makes them justified. As by one man's disobedience many were made sinners, so by one man's obedience many will be made righteous.

The word of the Lord.

## All: Thanks be to God.

#### **Gospel Acclamation**

Matthew 4:4 (JB)

Praise to you, Lord Jesus Christ, king of endless glory!

No one lives on bread alone, but on every word that comes from the mouth of God.

Praise to you, Lord Jesus Christ, king of endless glory!

#### Gospel

Matthew 4:1-11 (JB)

A reading from the holy Gospel according to Matthew Jesus fasted for forty days and nights.

Jesus was led by the Spirit out into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, after which he was very hungry, and the tempter came and said to him, 'If you are the Son of God, tell these stones to turn into loaves.' But he replied, 'Scripture says: Man does not live on bread alone but on every word that comes from the mouth of God.' The devil then took him to the holy city and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said, 'throw yourself down; for scripture says: He will put you in his angels' charge, and they will support you on their hands in case you hurt your foot against a stone.' Jesus said to him, 'Scripture also says: You must not put the Lord your God to the test.' Next, taking him to a very high mountain, the devil showed him all the kingdoms of the world and their splendour. 'I will give you all these', he said, 'if you fall at my feet and worship me.' Then Jesus replied, 'Be off, Satan! For scripture says: You must worship the Lord your God, and serve him alone.' Then the devil left him, and angels appeared and looked after him.

The Gospel of the Lord. All: Praise to you, Lord Jesus Christ.





Assistant Priest: Fr John Puliparambil john.puliparambil@bbcatholic.org.au Parish Secretary: Jenny Beninati

manlyfreshwaterparish@bbcatholic.org.au Mary Immaculate Church (Parish Office)

6 Raglan St, Manly 2095 Parish Office: Mon to Thurs 8:30am - 4:30pm Phone: 9977 5822 manlyfreshwaterparish@bbcatholic.org.au

www.bbcatholic.org.au/manlyfreshwater

St John the Baptist Church cnr Johnson & Oliver St, Freshwater 2096 Presbytery: 9977 2100

After Hours Sick Calls: 0499 910 010

Parish Pastoral Council: Paul Pervan (Chair); Michael McGrath (Deputy Chair); Margaret Dent Principal: Michael Reid (Secretary); Patricia Carroll; Joanne Druery; Val Buono; Ivica Covic; Robert Marshall; Peter Nacard, Ian Press, Katalina Taefotu

Sunday 8:30am, 10:30am, 6:00pm Freshwater: Saturday Vigil 5:00pm & Sunday 9am

Weekday Masses: Manly: Tuesday - Friday 9:15am Freshwater: Tuesday - Friday 9:15am

Baptisms: please contact the parish office Manly: 4th Sunday of the month Freshwater: 2nd Sunday of month

Reconciliation: Manly Sat 10am - 11am

St Mary's Primary School 9977 2225 Principal: Paul McGuire

St John the Baptist Primary School 9939 6699 Principal: Alicia van der Merwe

St Paul's Catholic College 9977 5111

Stella Maris College 9977 5144 Principal: Elizabeth Carnegie



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